



EMPIRE FIGHTING CHANCE: INSPIRING YOUNG CHAMPIONS

**COMMUNITY
SPORT+
RECREATION
AWARDS
WINNER**



Contribution to Sport in Education Award

**EMPIRE
FIGHTING
CHANCE**

Empire Fighting Chance is a national award winning Bristol charity. We use a powerful combination of non-contact boxing, education and intensive individual support to inspire vulnerable young people to turn their lives around. Independent evaluations show that working with Empire:

- Raises academic performance
- Improves school attendance
- Raises aspiration & motivation
- Improves relationships, both peer & family
- Increases self-discipline
- Increases confidence & self esteem
- Reduces Anti-Social Behaviour.

About us

Empire deliver high quality learning experiences to young people who find it difficult to cope with a traditional learning institution. Through our world class sport coaches our objectives are engaging, inspiring and educating young people using the country's largest

schools non-contact boxing training programme combined with mentoring, personal development and education.

Empire is an approved provider on the alternative education framework with Bristol City and South Gloucestershire Councils.

Our partners





How Empire can help you

Empire's programmes directly address a number of Ofsted Outcomes:

- Increased achievement of pupils at the school
- Improved the behaviour and safety of pupils
- Improved the pupils' moral and social cultural development.

Empire School Programmes:

- Group targeted non-contact boxing led mentoring programme
- One to One non-contact boxing led mentoring programme
- Alternative Education Programme

Our delivery can be in schools or at Empire's brand new facility in Easton.

We offer schools an alternative education programme of sports, personal development, ASDAN accredited courses combined with mentoring and behavioural support for Key Stage 3 and 4 students. The programme is delivered in our state of the art facility in Easton, Bristol, creating a safe environment where young people are listened to and valued.

Our priority is to support pupils to make the transition back into mainstream education, providing them with the required skills and resilience to cope with school life on a daily basis. We also offer additional pathways into afterschool and holiday programmes and possible inclusion into our funded engagement programmes.

Testimonials

Bristol City Council (CYPS) Family Intervention Keyworker:

“Pupil XY has been attending sessions for six months and there have been some very positive outcomes, specifically school attendance rising from 73% to 85%. There have also been significant improvements with behaviour and attainment levels at school. School report that pupil XY started in deficit and was under scrutiny every week, receiving sanctions but is now attaining several outstanding grades. School is no longer concerned about pupil XY’s commitment to studies.”

Community Intervention Manager, Secondary School:

“The last group 9 of them could have been excluded 10 times over but they have all gone onto better things. They could have been excluded and been out on the streets instead they’re in college now some doing construction and engineering. It’s been a great partnership between Empire and our school, and if it wasn’t for them the kids I had last year they would probably have ended up behind bars or doing nothing at all. They have supported the school and we’re supporting them. It’s a great partnership and I hope we can continue with it.”

Counselling Team Leader, Secondary Academy:

“It has been a controlled and focused place for them to allow their feelings of anger at the same time as learning how to be in a group. Certain young people who have experienced severe neglect/sexual abuse are finding these ‘wordless’ sessions an incredibly useful way to express feelings which have been too difficult to talk about. All of them have

described how these sessions have enabled them to contain their feelings outside the sessions.”

PC Neighbourhood Beat Manager at Secondary School:

“Pupil X has turned his behaviour around and there has been a significant decrease in low level sanctions. This has resulted in a marked decrease in partner classes and more importantly NO periods spent in the withdrawal room. Pupil X now assists as a mentor/ supporter for the new group of lads coming onto the project.”

Social Impact

- 70% male and 30% female attendees

Personal:

- 93% say they are more confident
- 79% say it is easier to make new friends
- 71% say they found it easier to express their feelings
- 86% felt happier about life
- 100% felt more confident about the future.

Social/Academic:

- 83% less likely to bully other people
- 67% were less likely to be part of a gang
- 71% say they are more likely to behave better at school.

Contact Empire

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