OUR IMPACT IN 2018

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Empire Fighting Chance was born on the streets to fight the impact of deprivation on the lives of young people. Our powerful combination of non-contact boxing with intensive personal support challenges and inspires young people to realise their unique potential.
INTRODUCTION

Our story began one evening 12 years ago. Founders Martin and Jamie spotted two young men dealing drugs in a park near to the Empire boxing gym in inner-city Bristol. They decided to tackle their behaviour by inviting them in for a private training session and to discuss the issues they faced. Both enjoyed it and turned up the following week with a few friends. Within six weeks 50 young people were attending sessions five nights a week.

Empire Fighting Chance now challenges and inspires over 3,600 young people each year across multiple locations in South West England and Wales. Boxing remains at the heart of our work. We utilise the sport’s grittiness to attract young people and then use gaps between physical activities to inspire changes in their lives – we use the sport to mentor and educate and to provide therapy and careers support.

2018 will go down as an important year in our history. We ended the year as an established regional charity. We increased our presence in Bristol and South Wales, prepared for future expansion to Cornwall and Devon and dramatically increased our profile outside Bristol.

We are very proud to share our year with you in our 2018 Impact Report. The past 12 months featured many highlights, and three in particular stand out from the crowd:

- Watching 86 people – 1% of the race – running the Bristol Half Marathon for us and seeing all those Empire Fighting Chance vests go past, which showed how Bristol has taken us to their hearts
- Reaching our tenth location in South Wales and finding that the results we achieve are similar wherever we go
- Listening to a mum tell us that we had ‘saved her life’ by supporting her child, reminding us of the impact we have on individual lives.

All of our achievements were made possible only by the various organisations and individuals that we work alongside to deliver our impact. Thank you to everyone who has played a part in our 2018 story.
WHO WE ARE

Empire Fighting Chance was born on Bristol’s streets in 2006 to fight the impact of deprivation on the lives of young people. We grew out of the Empire Amateur Boxing Club, building on the expertise and reputation of one of Bristol’s oldest and most successful sports clubs. We use a powerful combination of non-contact boxing and intensive personal support to challenge and inspire young people to realise their unique potential.

Who we support

We work with vulnerable young men and women aged 8 to 25 from deprived neighbourhoods. Young people arrive at our doors with a range of behavioural and emotional issues, including anger, anxiety, depression and low self-esteem. Their distress is often expressed in ways that can lead them into trouble rather than to getting care and support. So many of the young people we support have been excluded from school or are involved in antisocial and criminal behaviour.

What we do

We use the street credibility of boxing to attract young people and weave in personal development activities while they participate in the sport. We offer young people five main services:

- Non-contact boxing sessions, including female-only, one-to-one, group and family classes
- Training with the Champions, our flagship programme combining non-contact boxing, mentoring and psychological education
- Education support, including remedial maths and English sessions
- Boxing therapy, with our qualified therapist weaving in development messages in between coaching non-contact boxing
- HELLO FUTURE, our careers support and employability programme.

Our impact

We now support over 3,600 young people each year, challenging and inspiring them to achieve positive changes in their lives, from returning to school and exiting gangs, to getting work and feeling healthier and happier. More widely, we are influencing the policies and practices that shape young people’s lives. We are, for example, contributing to the All-Party Parliamentary Group on Boxing to build a case to the Government for how the sport can improve mental health.

Becoming a national charity

In 2016 our outstanding results in Bristol inspired us to scale up our work to nearby South Wales as the first step on our journey to becoming a national organisation. Following a successful pilot, we have now established our work in multiple locations across Wales and are extending it to Cornwall and Devon at the start of 2019.
Each week’s session is named after a famous boxing champion and includes a structured programme of activities. Facilitated by one of our trained coaches, young people participated in weekly individual or small-group hour-long sessions featuring:

**Boxing**

Our coaches facilitated fun yet demanding physical activities for young people to learn how to box safely, including speedball workouts, pad work and shadow boxing. Our physical activities enabled young people to:

- Improve their physical and mental wellbeing
- Manage anger, aggression and tension by providing a physical release in a safe, controlled environment

- Boost self-esteem and confidence as fitness and boxing skills increase.

Our physical activities are crucial for gaining a young person’s confidence and for breaking down barriers to honest communication. As young people focus on the physical activity, such as hitting a punch bag, they relax, drop their guard and open up. This is particularly important for young men who face pressure in their community to ‘man up’ and be emotionally strong and silent.

**Psychological education**

In between physical activities our coaches teach powerful but simple evidence-based lessons about the mind to create healthier thinking. The sport clears the mind, creating a positive learning state. Participants learn how to bounce back after failures, control their anger and develop a ‘growth mindset’ so they recognise that they have a choice to change.

We use boxing to communicate our messages – we might, for example, ask young people to consider whether a boxer performs better when they are angry or calm, or to reflect on whether boxers who think they cannot develop new skills will become world champions. Crucially, young people learn to look after themselves.

**Mentoring**

As trust develops, our coaches support young people in establishing personal goals and drawing on their psychological education to take positive steps towards achieving them. This might be returning to school, leaving a gang, walking away from fights, making new friends or finding a job. We encourage young people to reach small goals regularly to build confidence and create the momentum to achieve bigger shifts in lifestyle. More generally, our coaches help young people to develop the attributes needed to progress in their lives, including a sense of purpose, confidence, resilience, a healthy lifestyle and positive relationships.
In 2018 we added to our offer to help young people to improve their mental health and wellbeing. We ran several activities, including:

- **Non-contact boxing**: the sport enables young people to make physiological changes to boost mental wellbeing. Exercise releases the ‘feel-good’ chemicals serotonin, endorphins and dopamine, reducing the risk of depression and creating happier moods. The sport also reduces stress because of improved regulation of cortisol levels.

- **Psychological education**: we provide young people with the tools to look after themselves. Our coaches provide young people with simple, evidence-based lessons about the mind to improve their mental condition. They learn, for example, how to reduce stress and anxiety by acknowledging negative emotions as a normal part of life instead of battling these emotions, thereby returning to a healthy state of mind.

- **Boxing therapy**: our qualified therapist supported young people with more acute problems. Based at our gym, personal development messages are woven in between coaching boxing, making young people’s experience more enjoyable and natural. The sessions enable young people to ‘self-regulate’ – to manage their emotions and change negative ways of behaving. For example, by working on boxing bags, individuals cathartically express their emotions, processing difficult childhood experiences and traumas.

- **Corner Man**: in partnership with youth mental health charity Off The Record, we launched a 12-week group for Black and Minority Ethnic (BAME) young men combining boxing and informal mental health support. Funded by Comic Relief, the weekly groups combine boxing training with facilitated group sessions that offer young men a chance to spend time in a safe space with other young men with similar experiences. The group has been exploring issues including race, discipline, anger, masculinity and maturity.

As a result of these positive interventions, our young people have achieved significant progress. For example, all young people participating in our boxing therapy reported a change in their ability to express their emotions in a way that felt safe. Using validated evaluation tools, young people reported a significant reduction in their anxiety and marked improvements in their energy levels and mood.
In 2018 we supported 3,628 young people.

**WE IMPROVED PHYSICAL AND MENTAL HEALTH**

- 80% are fitter
- 76% are happier
- 88% are more confident
- 68% are more able to overcome challenges

**WE IMPROVED EDUCATION**

- 78% of targeted young people improved their attendance at school
- 73% have better behaviour in school

**WE IMPROVED RELATIONSHIPS**

- 78% are getting into less trouble
- 72% are less likely to be part of a gang

**WE DEVELOPED YOUNG PEOPLE’S ATTITUDES AND SKILLS**

- 100% are more positive about their future
- 83% have increased aspirations

**WE REDUCED CRIME**

- 78% of targeted young people have progressed into employment, training or further education
- 61% improved their relationships with their family
- 63% find it easier to make friends
- 93% are more able to overcome challenges
STORIES

Behind the numbers are real young people. We work with some of the most vulnerable young people in the country. We hear about things that no child should have to go through. Experiences upsetting even for us tough boxing people. But, despite their difficult past, we’ve yet to meet a young person who isn’t able to create a positive future. Below we share some of the stories of young people we have challenged and inspired to realise their unique potential.
SIMON’S STORY

Simon (not his real name) is a 20-year-old male who, as a child, had experienced a severe early trauma and domestic abuse, which led to him being adopted. Simon experienced depression, anxiety, low self-esteem and anger issues.

In his first Training with the Champions session Simon revealed to his coach that he had suicidal thoughts and was self-harming. Simon attended his sessions almost every week, even when feeling low. We observed a marked increase in his self-esteem, wellbeing and aspirations. Simon says he thinks of Empire Fighting Chance as his ‘safe and happy place’.

Simon’s parents noticed significant progress: “The sessions are really good for him. He had said that boxing would get his anger out. We thought it was amazing that he could articulate that. You are working absolute wonders with him.”
CORY’S STORY

Cory (not his actual name) is a 13-year-old boy with a severe visual impairment who has been diagnosed with autism and dyslexia. Cory’s mum referred him to Empire Fighting Chance after he had regularly been acting up in class and getting into fights.

In July 2018 Cory started on our Training with the Champions programme. In his first few sessions he was quiet and withdrawn, but Cory gradually started to open up, speaking to his coach a little more each week. Eventually Cory shared his struggles and frustrations over his visual impairment. Critically, Cory was then able to talk through the anger that he was feeling.

Cory’s mum observed some significant changes in her son: ‘Boxing has been very good for him. He is calmer and there has been a massive change in Cory’s attitude and behaviour. His anger is much better and people have been commenting how he looks like a different child, happy, and seems to be smiling a lot. Cory’s behaviour at school has also got much better.’

“Coming to Empire Fighting Chance helped me out because I have gained better clarity on how to cope with my emotions.”
Participant, Training with the Champions programme (Male, aged 17)

LAURA’S STORY

Laura (not her actual name) struggled with her attendance at school and had problems at home. She experienced low mood, low self-confidence and feelings of anger. Laura’s clinical psychologist at Child and Adolescent Mental Health Services (CAMHS) referred her to Empire Fighting Chance with the support of her school.

Laura’s first Training with the Champions session was spent in the car, which she refused to leave. Over the next few weeks Laura progressed to sessions in the gym and began to build a positive relationship with her coach. Laura explained that the sessions were making her feel happy as she felt sad a lot of the time.

Laura continued to make significant progress. She completed the Amateur Boxing Association of England’s Junior Boxing Organisers Award and even represented Empire Fighting Chance on a visit to the Mayor of Bristol at City Hall. Her school reported that Laura had improved her attendance and attitude and her mental health was improving.

Laura’s dad had this to say about her experience with us: ‘Laura’s time at Empire Fighting Chance has really played a big part in getting Laura out of her deep depression, to the much better place she’s in today. Her time spent with you all there has been a such a great experience for her.’

“I was referred to the gym by my counsellor because of mental health problems. After six or seven weeks I don’t have to go to therapy any more – I just come here. As a girl, boxing has really helped me in a lot of ways I didn’t really expect. You tend to think of it as a male-dominated environment, which it can be, but it makes you really strong and realise you can do things you never thought you’d be capable of.”
Participant, Training with the Champions programme (Female, aged 17)
CLAIRE’S STORY

Claire (not her real name) had been internalising feelings of anger from an abusive past. Claire self-harmed and struggled with personal boundaries, leaving her vulnerable to sexual exploitation. Claire came to fear the anger and rage she felt at the injustices she had experienced.

Claire worked with our boxing therapist, who sensitively worked to explore her feelings of guilt and shame about the incident. She slowly felt safe enough to express and explore her anger towards the perpetrator. Claire has stopped self-harming and is building healthier relationships with men. Claire shared with us that she had gained greater confidence and self-esteem from the sessions.

Claire says of the programme: “Boxing has given me greater confidence. I feel better about myself and my past.”
HELLO FUTURE

In 2018 we established HELLO FUTURE, our new careers and boxing programme to support young people on their journey into training, education, work and a healthier, brighter future. We created a fun, dynamic approach, integrating non-contact boxing with tailored careers and employability support. We tested our new programme with 208 young people and achieved impressive results.

Mixing careers talk with boxing
Our coaches weaved in discussions about young people’s futures while teaching them how to box. By improving their physical and mental health, young people broaden their horizons, become more resilient to take on new challenges and develop positive attitudes to work. Our learning methods pay homage to the sport of boxing, developed over years of building champions in the Empire boxing gym, teaching determination, commitment and respect. We partnered with employability providers such as T2 Apprenticeships to incorporate our approach into their careers programme.

Shifting minds
Using this approach, we focused our efforts on building young people’s aspirations. We ran a series of inspiring careers workshops, skills for work workshops, work-experience placements and behind-the-scenes workplace visits. Companies involved included Balfour Beatty, Bristol Rovers FC, Doubletree Hilton Hotel, Freedog Urban Activity Centre, Lloyds Banking Group, Marine Reserves, TasteTech, Tobacco Factory Theatre and We The Curious.

Supercharged support
Our experienced careers manager provided intensive and personalised 1:1 support to 28 young people. We helped individuals to establish career goals, ran tailored visits to employers within fields they were interested in and helped them to secure progression opportunities. We are proud to report that 100% started a college or training course, an apprenticeship or employment.

Abdi, 17, received our intensive 1:1 careers support. After a careers visit to Freedog, we helped him to apply for a job at the urban activity centre. Abdi was successful and has made a great start. Freedog’s manager explained: ‘Happy to report Abdi has got stuck into all elements of the job and has proved to be a strong team member.’

“I’m not that interested in football but Adam made it really interesting. There was a kid who said he’d never get his GCSEs. That’s how I felt. But now he’s a physio there. It made me think about learning and going to college.”
Gio (17), following a visit to Bristol Rovers FC

“It has made a real difference to their ability to focus. Many of the girls in particular have said how much more confident it’s made them. Since starting boxing they’ve also gone on to try other new things, because it’s given them that confidence and motivation to branch out.”
Course leader, T2 Apprenticeships
Connecting families through boxing

We have learned over the years that young people with open, supportive relationships with their parents/carers are far more likely to progress. We launched two new projects in inner-city Bristol to bring young families together while improving their physical and mental wellbeing.

Andrew and Jane's story
Andrew, ten, and Jane, eight, are siblings. They had experienced domestic violence, which had a particularly negative impact on Andrew, who became violent and was diagnosed with ADHD. Andrew had expressed thoughts regarding suicidal intent and attempted to create a means to carry through with this intent. Jane's behaviour progressively deteriorated as she felt that all the attention was being given to Andrew. Andrew and Jane started sessions together to create a healthy outlet for Andrew's anger and to improve their relationship. They learned to box together while building respect for one another. Andrew was initially verbally abusive and hard to control. He also had trouble focusing on tasks and would repeatedly attack his sister. Over time, however, he has become more softly spoken, obedient and much more cheerful. Andrew can now focus throughout the whole session and perseveres through difficult tasks. Importantly, he is much less abusive towards Jane.

Meanwhile, Jane slowly came out of her shell and has blossomed into a more confident, self-assured girl. She used to give up on tasks as she thought Andrew was likely to beat her. She now tries hard, appears to believe in herself and takes pride when beating Andrew at a physical challenge. Jane is also communicating more with Andrew and talks to him during the session instead of being afraid of him. She even shows concern for her brother and tries to motivate him.

Dads 'n' lads
At the start of the year we launched non-contact boxing classes at the weekend for boys and their fathers. Families spent quality time together while they learned how to box and played fun games such as dodge ball and stuck in the mud. Our coaches naturally weaved personal development messages into each session, providing tips and tools for families to look after their mental and physical health. Our project is strengthening relationships between families, improving physical and mental health and building a more cohesive local community.

We have also organised a series of excursions to encourage families to spend more quality time together, including gardening in our plot, picnics, bike rides and events such as our annual quiz.

Healthy families
In the autumn we launched a project for the families of the young people that we work with to build healthier relationships, bodies and minds.

Families join us at our gym for group sessions either during the evening or at the weekend. Families learn how to box and take part in fun physical activities. During each session we use sport's ability to clear minds to communicate personal development messages focused on improving physical and mental health. Families requiring more intensive support benefit from sessions with our boxing therapist.

After being invited to participate in the launch of our Dads 'n' lads programme with his son, the Mayor of Bristol, Marvin Rees, said: 'I am a long-standing supporter of Empire Fighting Chance. I myself benefited directly from the self-esteem, self-knowledge and resilience boxing gave me as a teenager growing up in challenging times. Empire Fighting Chance’s importance to Bristol and the surrounding areas is huge. Their programmes are changing lives and bringing wellbeing and hope to young people many others find themselves unable to work with.'
EXPANDING OUR IMPACT

Our work tackles issues in Bristol that thousands of young people living in deprived neighbourhoods across the UK also experience. Our work is ripe for being scaled up.

Boxing is a powerful tool to attract and develop young people, while our holistic and personalised approach means we can address complex, multiple issues.

Working in Wales

In 2016 we took our first step towards becoming a national organisation by scaling up our work to nearby South Wales. This region suffers from some of the worst poverty in the UK. Local authorities, impressed by our success in Bristol, invited us to replicate our programme in their deprived communities.

We have since established ourselves across South Wales. We now deliver Training with the Champions from boxing clubs, schools and other locations in deprived neighbourhoods across the Vale of Glamorgan (e.g. Barry), Caerphilly, Torfaen (e.g. Cwmbran), Merthyr Tydfil, Monmouthshire and Rhondda Cynon Taf (RCT). Our results in South Wales are comparable to what we are achieving in Bristol, proving that our work can be successful in multiple locations.

‘Since the Bryn Hafren girls have been on the boxing programme they have become more co-operative in school and have improved their attitude towards staff and their lessons. The boxing tutor has an excellent rapport with the students and is able to coax them into opening up about their fears and problems. He is very good at sharing this information with school so that we can work together in the best interests of the pupils. The girls are very keen to continue with the project and realise the importance of self-discipline, which they are trying hard to build along with self-control and anger management strategies.’

Mary Davis, Deputy Headteacher of Bryn Hafren

Coming to Cornwall and Devon

Our success in South Wales has encouraged us to step up our efforts to expand. In 2019, with support from the Paul Hamlyn Foundation, we will extend our Training with the Champions programme to Cornwall and Devon. The region’s close proximity to Bristol and high levels of deprivation make it the natural next location.

We will be starting our work in new locations through collaboration. We have identified exceptional youth providers and boxing clubs that are already part of the fabric of their community. We will combine our expertise in delivering our programme with our partners’ local knowledge and networks. Local partners will receive a comprehensive package of training and ongoing support so that they can deliver our programme to the highest possible standard.
Working with families

During 2018 we leveraged our growing reputation to persuade policy makers to use sports-based, community interventions like ours to tackle issues faced by young people. Here are some examples of our approaches that have proved to be so successful with young people, including:

• Making things natural: with us, young people participate in sport and gain support naturally. As a result, they do not feel ashamed of needing help and are much more willing to open up, trust us and listen to what we have to say.

• Creating positive experiences: by using boxing we turn activities young people do not want to do into enjoyable experiences – boxing makes mentoring, therapy and careers advice fun.

• Building relationships: everything we do is built upon a trusting relationship between our staff and young people. We recruit coaches who people can relate to and who use the sport to break down barriers.

• Focusing on the positive: rather than focus on what young people lack, we help them to discover their talents and build on them.

• Acting like a true friend: although we are encouraging and supportive, we are also challenging. We have strict rules, tell it how it is and put young people outside their comfort zone.

INFLUENCING OUR WORLD

We exist to tackle a widespread problem – deprivation affects the lives of hundreds of thousands of young people across the UK. At present we will only be able to reach a small proportion of young people through our programmes. This is why it is crucial that we extend our impact by influencing the policies and practices that take hold of young people’s lives.

Highlights of our efforts to influence policy and practice include:

• We participated in Bristol City Council’s cross-sector Bristol Leadership Challenge to develop solutions to address poor mental health in the city.

• Our CEO became a full member of the All-Party Parliamentary Group (APPG) on Boxing. Among other things, the APPG called for the Government to create a cross-departmental ministerial working group to examine and identify where boxing can support policy areas across Government.

• We strengthened our partnerships with Child and Adolescent Mental Health Services (CAMHS) and other local mental health providers.

• We collaborated with local authorities, such as Bristol City Council and the Vale of Glamorgan Council.

• We hosted a visit from Nick Hurd, the Minister for Policing, to discuss violence in the community and the role we can play in tackling it.

As we continue to scale up our work across the UK we will increase our visibility and credibility, giving us a stronger voice to inspire change.
A stronger team
We are now a team of 18, with talented specialists across the charity. We restructured our team to prepare for growth, with new roles created to ensure the quality of our work and build partnerships with organisations in new locations. We introduced a raft of systems, processes and practices to improve how we run things, from a new referral process to a new data management system.

Creating financial stability
We created two new fundraising programmes – corporate partnerships and events – to diversify and grow our income. We also successfully secured multi-year grants from several funders to ensure our stability.

Thank you to the following funders who supported our work during 2018:

Trading our expertise
We increased the income that we generate from our paid services. Mainstream schools, pupil referral units and alternative education providers across Bristol, North Somerset, South Gloucestershire and South Wales paid us fees to implement our various programmes for their students. We are also earning increasing amounts from local authorities commissioning us to carry out our work in Wales.

Amplifying our voice
We invested in our communications to help us to increase income and influence. During the year we gained coverage in several local, regional and national media publications, including Mental Health Today, Sunday Mirror and The Telegraph. At the end of the year we recruited our first marketing executive to lead our efforts to dramatically increase our profile.
In May, 180 people including businesses, families and friends joined us at our annual Quiz Night, hosted by former world champion boxer John Conteh. Our community showed their support for us at the Summer Family Fun Day – hosted by Bristol Boxing Gym – with graffiti art classes, an open-mic session, a BBQ and other activities.

September saw #TeamEmpire come out in force, with 86 runners taking on the 100 Day Challenge to get race-ready for the Bristol Half Marathon – making up 1% of the total participants. This support continued into October as we proudly organised the Keynsham 10K alongside local club Bitton Road Runners, attracting 648 runners and hundreds of volunteers and spectators. We have been overwhelmed by the dedication of #TeamEmpire, who spent 2018 raising funds for us.

We launched a fantastic series of sporting events to raise income and profile for Empire Fighting Chance.

**In 2018 #TEAMEMPIRE RAN**

3,528 MILES,

**RAISING OVER**

£35,000

**#TeamEmpire achievements:**
- Miles run for Empire Fighting Chance: ➔ 3,528
- New events for Empire Fighting Chance: ➔ 5
- Runs #TeamEmpire participated in: ➔ 11 (including one in the USA!)
- #TeamEmpire appearances on ITV News: ➔ 1
- Mud Run obstacles conquered: ➔ 200
- #TeamEmpire ran the same distance as from our gym in Easton, Bristol to New Delhi, India or DR Congo or Miami, USA!

To be part of #TeamEmpire in 2019, visit our website or follow us on social media.

“Thoroughly enjoyed my first 10K!”

“Thanks for all of the support and encouragement!”

“Everyone felt great to be part of something so worthwhile!”

“It was an absolute pleasure to support a really great cause.”

“Well done to everyone involved in organising such a great event.”

“It was my first event and I loved it... made me want to do many more!”

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LAUNCHING CORPORATE PARTNERSHIPS

We have the heart of a charity but the mind of a business. Our commercial awareness and entrepreneurial spirit make companies natural partners. We are offering companies a unique experience – our help to improve their organisation in return for their support in transforming young lives.

Empire Fighting Chance is now recognised as a major influencer within its sector. We have ambitious plans to grow, both nationally and internationally, and to create further sustainability we continue to seek to secure a combination of founding and official partners to join us on our exciting journey.

During the year we developed several exciting new partnerships. Companies donated to our work and provided other support, including offering work-experience opportunities, careers talks and behind-the-scenes visits for young people. In exchange, we offered companies opportunities to improve their engagement with customers and staff, such as via fundraising events and volunteering opportunities.

At the end of 2018 we launched our Official Partner programme to support the existing Business Champions initiative that aims to attract the very best and most relevant in their own vertical sector of business, whose ambitions, aspirations, values, ethos and vision match those of Empire Fighting Chance.

Extracting income from coffee

We considered running coffee mornings to raise money for us but quickly realised they are not a good fit with a youth boxing charity! So we found another way of using coffee to generate income. We developed a fabulous partnership with local coffee company Extract Coffee, who launched their Strong Man and Strong Woman range of coffees by donating £1 to us for every kilo purchased. Extract Coffee’s Wes is running for Empire Fighting Chance in the 2019 Brighton Marathon.
A YEAR OUTDOORS BY BEAU

Bristol artist Beau will kindly be donating the proceeds from his innovative art project, A Year Outdoors.

In early 2017 Beau hung ten reclaimed front doors across the streets of Bristol without explanation. The project highlighted rising homelessness, with increasing numbers of people not having their own front door. Street-art culture adopted some of the sites, integrating them into graffiti artworks, while others were neglected.

A year later Beau framed the doors and displayed them in galleries and exhibitions across the country. In 2019 the doors will be auctioned off and Empire Fighting Chance and other charities will receive a donation.

Thank you, Beau!

ayearoutdoors.com
OUR FUTURE PLANS

We are very proud of what we have achieved this past year. We will build on the momentum that we have created and take a giant leap forward on our journey to becoming a national organisation. Four priorities will direct our efforts.

1. Launch in Cornwall and Devon
We will collaborate with local organisations to run our Training with the Champions programme in deprived communities across Cornwall and Devon.

2. Expand across South Wales
We will work in a number of new locations in the region, increasing the number of young people that we support.

3. Create a national profile
We will continue to increase our visibility and credibility at a national level to support our plans to scale up, and to put us in a stronger position to influence policy and practice.

4. Continue to discuss international expansion
The problems we tackle are not confined to the UK. We will continue building a solid foundation, programme and ethos that have the potential to be rolled out internationally.

A FINAL MESSAGE

Thank you to everyone who has supported Empire Fighting Chance. Your generosity has made our achievements possible. We look forward to continuing working together to transform young lives in the future.
OUR IMPACT IN 2018

For more information, call 0117 908 6655 or head to:
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